

# why NPTC?

- Immediate appointments
- Convenient location and parking
- Experienced staff
- Large modern facility
- Personalized rehabilitation program
- Flexible scheduling
- Reduced insurance costs



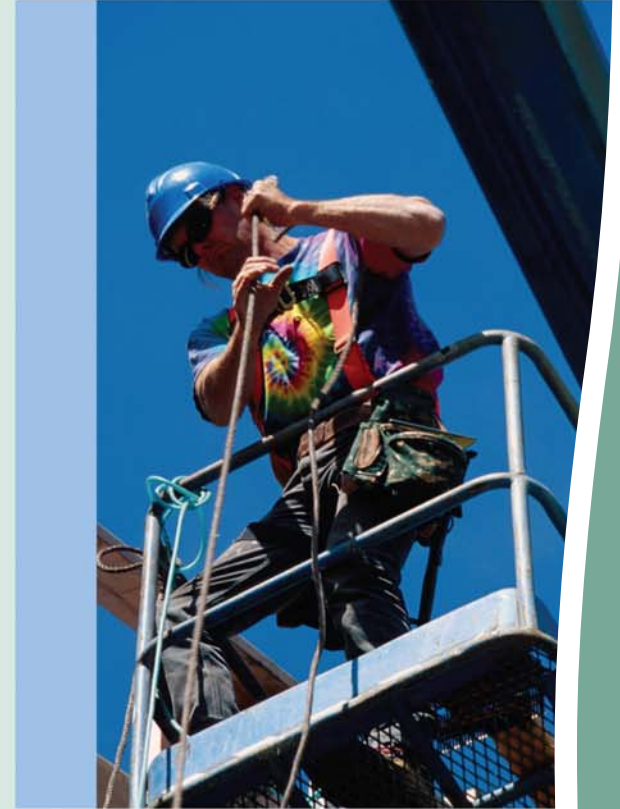
team effort

At NPTC, treating workers' injuries is a team effort. We partner with you in the care of your employees and provide updates to the referring physician, case manager and employer to keep everyone "on the same page". Our goal is to minimize pain and disability and we generally return acute sprains, strains and soft tissue injuries back to full duty in 3-6 visits.

839 Poplar Hall Drive, Norfolk, VA 23502  
757.459.2112 Fax: 757.459.2421  
www.norfolkpt.com - nptc@norfolkpt.com



## Norfolk Physical Therapy Center



hours of operation  
Monday - Friday  
7:30 a.m. - 6:00 p.m.

Additional appointments  
available by special request

Work Injury Rehabilitation

welcome

The Norfolk Physical Therapy Center is an independent therapist owned facility. Steve Schall MS, PT, OCS and his highly trained team bring over 50 years of combined clinical excellence to your employees with advanced certifications and expertise in many areas of injury and rehabilitation. Our mission is to deliver physical therapy services of the highest quality utilizing individually designed programs that address the needs of each client and incorporate cost effective strategies to minimize down time.

## our clinic

Encompassing 8,400 square feet, our fully equipped gym, private treatment rooms, work conditioning stations, and 30' X 10' indoor therapeutic pool distinguish us as the only facility in the area to offer a full spectrum of services to meet your needs. Come by and see what we have to offer.



## trust our professional staff

The Norfolk Physical Therapy Center was started with only one purpose in mind - to provide the very best individual care to our patients. Since then, the center has grown from a 1,500 square foot location in Ghent to its current 8,400 square foot facility centrally located to provide care to our clients from all over the Hampton Roads area.

Owner and director, Steve Schall, received his undergraduate degree from Duke University and his Masters in Physical Therapy from Texas Women's University. He was among the first physical therapists in Virginia to be Board Certified as an Orthopedic Clinical Specialist. Steve is also a frequent speaker and consultant to industries on injury prevention and rehabilitation.

*"The cheerful hello at the reception desk and the praise from the staff as I progressed kept me motivated to keep going."* - M. Dalton

## quality care

Experienced in the treatment of:

- Back and neck injuries (including motor vehicle accidents)
- Shoulder / Rotator cuff injuries
- Knee / Ligament / Meniscus injuries
- Wrist and ankle injuries
- Soft Tissue injuries

Specialized programs include:

- Work Conditioning
- Functional Capacity Evaluations
- Post Operative Rehabilitation
- Impairment Ratings

*"I came in with severe lower back pain and did not think there was a chance of it going away. Well, in 2 weeks of therapy, the pain was gone."*  
- J. Myers

